

Community Living Service Categories

Applicable to IHS and ICS waiver services

Updated 07/15/22

Category		Example
Community Participation		
1	Community mobility and pedestrian safety	Reviewing options to access community resources (walking, biking, bus, etc.) and learning to be aware of crosswalk safety
2	Community resource use and access	Accessing the library or a food shelf together
3	Community safety and awareness	Teaching how to safely navigate the internet and social media
4	Informal support system and network development	Identifying groups the person can connect with (clubs, community ed, religious communities, etc.)
5	Interpersonal communication skills	Role playing how to set boundaries with others
6	Leisure, recreation, and socialization planning	Planning fun outings, such as a trip to the zoo or a coffee shop
7	Skill-building to meet transportation needs	Working together to schedule a Metro Mobility ride or practicing taking public transit together
Health, Safety and Wellness		
1	Collaboration with the person to arrange health care, meaningful activities, social services, meetings and appointments	Scheduling medical appointments or therapy appointments
2	Cueing, guidance, supervision, training or instructional support to complete self-care activities	Reminding someone to take a shower prior to leaving the house for the day Showing someone how to brush their teeth.
3	Health services support, as defined in 245D.05	Medication support (administration, assistance, or set-up), monitoring health conditions, coordinating appointments, or assisting the person in using medical equipment, devices, or adaptive aid
4	Help for the person to activate and build resiliency factors	Going for a walk together to improve physical and mental health
5	Support for the person to design and meet individualized strategies to reach their health, safety and wellness goals.	Helping someone create and follow an exercise routine or a plan for engaging in another coping skill (yoga, journaling, etc.)
Household Management		
1	Cueing, guidance, supervision, training or instructional support to complete routine household care and maintenance	Encouraging and guiding someone to wash their dishes and clean up the kitchen
2	Household safety knowledge and skills	Reminding someone of fire safety and how to properly use the stove
3	Tenancy support and advocacy	Supporting the person with figuring out how to address a disruptive neighbor and report the concern to the landlord
4	Training, assistance, support and/or guidance with:	
	Budgeting and assistance to manage money	Helping someone create a budget and determine their financial priorities for the month
	Cooking, meal-planning and nutrition	Planning meals, creating shopping lists, and cooking together
	Healthy lifestyle skills and practices	Supporting the person to keep their home a clean and healthy environment
	Household chores, including minor household maintenance activities	Helping someone take out their garbage and figure out a system for remembering this task each week
	Personal-needs purchasing	Shopping with the person and helping them budget for everything they need
Adaptive Skills		
1	Crisis prevention skills	Reviewing strategies to prevent a crisis and helping create a plan of who they can contact and what they can do in the case of a crisis
2	Implementation of positive support strategies	Supporting the person through a difficult time using their identified person-centered positive support strategies
3	Problem-solving	Brainstorming what to do if someone is pushing a boundary they set